



**National Helpline for Abortion Recovery**  
*Reaching, Rescuing & Renewing Lives!*

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## **PRESS RELEASE**

### **CONCEPTS OF TRUTH SUPPORTS APPEAL OF THE HEARTBEAT PROTECTION ACT 12 WEEK BAN**

When abortion became legal in 1973, women were told it was a safe, simple solution for their "problem." But 41 years later, women know a different reality: grief, fear, anxiety, depression, drug and alcohol abuse, suicidal thoughts and attempts, nightmares, relationship problems with spouses and children, and other self-destructive behavior following an abortion.

Concepts of Truth, a professional counseling center in Wynne, AR hears from the true voice of abortion everyday on their 24/7 National Helpline. On Friday, April 11, 2014, Millie Lace, founder and director of Concepts of Truth will join other organizations standing for the appeal of the Arkansas Heartbeat Protection Act 12 Week Ban with state Senator Jason Rapert in a press conference at the state capitol, 2nd floor Rotunda. "The 12 Week Ban would potentially save thousands of lives in Arkansas. By supporting the appeal, we become a voice for children in the womb and we also help protect women's mental health," says Lace, a licensed professional counselor in Arkansas who personally experienced abortion in 1979. Lace says she lives each day regretting her "choice," and her organization is speaking out because they want Arkansas to know that abortion hurts women. She says that a study in the British Journal of Medicine, 2011 found that women with an abortion experience an 81% greater risk of developing mental health problems and that 10% of all mental health problems can be directly attributable to abortion.

*The National Helpline for Abortion Recovery reaches out to hurting women and men and makes available a 24-hour, toll-free # (866-482-LIFE) to help women and men deal with their grief and to offer help and hope. The National Helpline for Abortion Recovery ([www.nationalhelpline.org](http://www.nationalhelpline.org)) is directed by Concepts of Truth, Inc. in Wynne, AR.*

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